Name: Date: Score: / 8

Healthy Habits: Match the Meaning

Grade 1 vocabulary: wash, brush, sleep, exercise and more

Read each meaning. Write the letter of the meaning next to the word it matches.

A. moving your body to stay strong
B. to stop and relax
C. to rest with your eyes closed
D. to clean teeth with a small tool
E. strong and well
F. to clean with soap and water
G. to blow air out of your nose suddenly
H. tiny living things that can make you sick

1. _____ **healthy**
2. _____ **wash**
3. _____ **sleep**
4. _____ **germs**
5. _____ **sneeze**
6. _____ **rest**
7. _____ **exercise**
8. _____ **brush**

🎨 **Draw it! Pick one word and draw a picture that shows what it means.**

ANSWER KEY

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1. E healthy
2. F wash
3. C sleep
4. H germs
5. G sneeze
6. B rest
7. A exercise
8. D brush