Name: Date: Score: / 8

Lungs and Breathing: Learn and Practice

In with oxygen, out with carbon dioxide

Read each question. Circle the best answer.

💡 Breathing

- When you breathe in, air travels down your windpipe into your lungs.
- Your lungs pass oxygen into your blood.
- You breathe out carbon dioxide, a waste gas.
- diaphragm moves down: air rushes in

1 Which tube carries air to your lungs?

A. A bone B. The windpipe C. The food pipe D. A vein

2 😮‍💨 Which gas do you breathe out as waste?

A. Helium B. Oxygen C. Carbon dioxide D. Neon

3 Which gas does your body need from the air?

A. Oxygen B. Helium C. Smoke D. Carbon dioxide

4 👃 What do tiny hairs and mucus in your nose do?

A. Trap dust and germs B. Smell sounds C. Store air D. Make you sneeze colors

5 🏃 Why do you breathe faster when you exercise?

A. Air gets heavier B. Your body needs more oxygen C. You need less air D. Your heart stops

6 🫁 How many lungs do you have?

A. 10 B. 1 C. 4 D. 2

7 Which muscle under your lungs helps you breathe?

A. The biceps B. The heart C. The tongue D. The diaphragm

8 What protects your lungs?

A. Your rib cage B. Your hair C. Your kneecap D. Your skull

ANSWER KEY

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