DoodleBeez Worksheets

Grades 4 to 5 | Science

Name: Date: Score: / 8

Heart and Blood: Learn and Practice

Your body's delivery system

Read each question. Circle the best answer.

💡 Heart and Blood

- Your heart is a muscle that pumps blood all day and night.
- Blood carries oxygen and food to every part of your body.
- Blood vessels are the tubes that carry blood.
- heart: arteries: body: veins: back to the heart

1 Veins carry blood in which direction?

A. Into the stomach B. Away from the heart
C. Out of the body D. Back to the heart

2 ❤️ What does the heart pump?

A. Food B. Air C. Blood D. Saliva

3 What does blood carry to the parts of your body?

A. Oxygen and nutrients B. Sound C. Sand and rock
D. Light

4 ⏱️ Where can you easily feel your pulse?

A. On your teeth B. On your hair C. On your nails
D. On your wrist

5 🏃 Why does your heart beat faster when you run?

A. Your blood gets heavier
B. Your muscles need more oxygen
C. Your heart is cold D. You are sleeping

6 What are the tubes that carry blood called?

A. Nerves B. Blood vessels C. Bones D. Wires

7 What is your heart made of?

A. Hair B. Muscle C. Glass D. Bone

8 Arteries carry blood in which direction?

A. Away from the heart B. Out of the body
C. Only to the feet D. Toward the heart

ANSWER KEY

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