DoodleBeez Worksheets

Grades 4 to 5 | Science

Name: Date: Score: / 8

Germs and Your Defences: Learn and Practice

How your body fights tiny invaders

Read each question. Circle the best answer.

💡 Germs and Immunity

- Germs are tiny things, like some bacteria and viruses, that can make us sick.
- Skin, mucus and white blood cells help defend your body.
- Handwashing and vaccines help stop germs from spreading.
- a germ gets in: white blood cells attack: you get better

1 Why sneeze into your elbow and not your hand?

A. It makes the sneeze quieter

B. Hands spread germs to things you touch

C. It is faster D. Elbows make germs grow

2 🤒 Why does your body sometimes get a fever when you are sick?

A. Your body heats up to fight germs B. Germs are hot

C. You ate warm food D. Your brain is tired

3 🧼 What is the best way to wash germs off your hands?

A. A quick splash of water B. Wiping on your shirt

C. Blowing on your hands

D. Soap and water for 20 seconds

4 🔬 Can you see most germs with just your eyes?

A. Yes, they are big B. No, they are too small

C. Only at night D. Only in water

5 What is your body's first wall against germs?

A. Skin B. Nails C. Teeth D. Hair

6 💉 What does a vaccine do?

A. Makes you taller B. Heals broken bones

C. Feeds the germs

D. Trains your body to fight a germ

7 How should you cover a sneeze?

A. With your bare hand B. With nothing

C. With your elbow D. By turning toward a friend

8 🛡️ Which blood cells fight germs?

A. White blood cells B. Bone cells C. Red blood cells

D. Hair cells

ANSWER KEY

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